

# ONCOLOGY PARTNERSHIP



## Good Neighbor teams up with Southside Regional Medical Center for Psychosocial Wellness Partnership

In August 2012, Good Neighbor Community Services began partnering with SRMC in order to better target and address distress and psychosocial needs of their oncology patients. Good Neighbor Community Services has been providing on site distress screenings, psychosocial assessments, educational groups and individualized referrals to needed support systems. The partnership has proved beneficial to patients, families, SRMC, GNCS and the community. The partnership enables GNCS to work collaboratively with other treating medical professionals to aid in the patients' treatment and overall wellness. Lori McNulty, SRMC Oncology Nurse Navigator, is developing the navigator, palliative care and survivorship programs at SRMC to better meet the needs of all patients. She has worked very closely with both Dr. Tiffany Foy and Glenda Frazier to make the partnership as success.

Due to the innovative nature of the partnership, SRMC was encouraged to submit a written nomination for the 2013 ACCC (Association of Community Cancer Centers) Innovator's Award entitled "Providing Quality Psychosocial Services in an

Era of Lack of Funds for the Historic Social Worker Position."

Tiffany Foy is a licensed clinical psychologist who served as the onsite psychosocial leader at SRMC, attending multidisciplinary oncology meetings and facilitating the SRMC-GNCS shared her passion about treating mental health and wellness needs of oncology patients as well as her clinical skills to help bridge the gap between mental health and healthcare professionals.

Glenda Frazier, VCU MSW Intern, has also been an integral part of this project. She has been conducting distress tools to oncology patients at both SRMC and the radiation clinic in Petersburg. Glenda has an innate ability to build rapport and make people feel comfortable with sharing tough aspects of their life that come along with a cancer diagnosis. She is passionate about social work and promoting the integration of her field within the healthcare industry. She will be completing her internship in the Spring and we wish her much success in the future!



## Positive Behavioral Support (PBS)

Good Neighbor now provides Positive Behavioral Support (PBS) as an added supportive service under our comprehensive model of care.

PBS is a systematic approach that combines person-centered methods with aspects of Applied Behavior Analysis and systems change to maximize learning, enhance quality of life, and minimize problem behavior.

We are excited to provide this service under the direction and guidance of PBS expert, V.J. Petillo. V.J. will provide behavioral oversight for all residents of Good Neighbor Homes.

VJ offers a unique component to the Multidisciplinary team process through his valuable input in this area of expertise. In addition, VJ provides active consultation creating behavioral support plans for individuals at Good Neighbor Homes as well as for residents in the community.

## Meet V.J. Petillo, PBSF

V. J. is an endorsed Positive Behavior Support Facilitator (PBSF). V. J. has over 20 years of experience working with persons with Intellectual Disabilities and other mental and physical disabilities. He has worked in a wide variety of service settings in Ohio and Virginia, including residential supports, employment/vocational services, education/public schools, and case management.

A significant part of V.J.'s work throughout his career has directly involved providing, developing, and directing behavioral supports for individuals with intellectual disabilities, autism, emotional disturbance, and dual diagnosis. His entire career has been spent in community settings. V.J. believes that PBS can have a direct and significant impact upon the

quality of life of individuals who have been identified as having "problem behavior" that has posed barriers to relationships, independence, and inclusion.

In addition to his endorsement as a PBS Facilitator, V. J. has a B. A. in Psychology, an M. S. in Rehabilitation Counseling, and an M. A. in Theology. V. J. is an ordained Deacon in the Catholic Church. He has been married to his wife, Ronda, for nearly 22 years. They have two daughters, Maddalena (10) and Gianna/"Gigi" (8).





Good Neighbor Welcomes  
**Tyra Tanner, RD, BC-CNS, MSN, M.Ed**  
 Registered Dietician

*As part of our ongoing commitment to deliver exceptional quality of care, we are working collaboratively with Tyra Tanner, RD, to provide dietary services and nutritional consultation. Ms. Tanner will work closely with our multi-disciplinary team to ensure individuals in our homes have access to nutritional meal plans and a variety of healthy choices for their general and specialized dietary needs.*

Tyra is a Licensed Registered Dietitian with 13 years of dietetic experience that provide the necessary clinical aptitude to effectively assess and implement clinical plans of care. Her experience includes outpatient clinical services, renal, acute care, community, pediatric nutrition, diabetes management, and rehabilitative health. Ms. Tanner possesses a Masters of Nursing, and is a Board Certified Adult Health Clinical Nurse Specialist- with a specialization in obesity and metabolic



syndrome. Additionally, she attained a Masters of Education that enables her to effectively present and disseminate nutrition information to clients and staff.

**I** **N THE NEXT ISSUE:**

- **Good Neighbor's 3C Model** - Our Comprehensive Collaborative Care service delivery model provides innovative direction to Behavioral Health and Intellectual Disabilities services.
- **Dr. Frank Shelp** - As the former commissioner for the State of Georgia, Dr. Shelp brings experience & extensive knowledge to the Strategy & Development Team

Meet  **rew Routh**

Good Neighbor is pleased to announce that Drew Routh has accepted the Clinical Manager position at our outpatient counseling program. Drew is a Licensed



Professional counselor who has served for over 18 years. He has worked in varied treatment settings including inpatient, residential, outdoor programs and outpatient services. Drew has developed, managed and directed innovative therapeutic programs for children and families throughout Virginia. He specializes in treating families, couples, and children/adolescents.

Drew uses traditional family and individual therapy treatment modalities in the outpatient counseling services he provides and integrates the client's faith to help them identify solutions to problems that deprive them of joy in life. He is passionate about his work with others and seeks to bring excellence to all he does. We are thrilled to welcome Drew to the Good Neighbor family!

Telehealth is recognized by the American Psychiatric Association (APA) as a valuable tool for increasing access to the limited numbers of qualified psychiatrists and other mental health professionals. The American Telemedicine Association (ATA) continues to refine standards and practice guidelines for the safe and effective delivery of telehealth services. Good Neighbor is a proud member of the ATA and endorses and complies with the ATA standards.

**TELEHEALTH**  
 PROGRAM UPDATES

Good Neighbor's Telepsychiatry program officially launched in February! Through our partnership with Dickenson County Behavioral Health Services, Dr. Varun Choudhary provides psychiatric assessments, treatment, medication management, and consultation to this rural community services board in Southwest Virginia. DCBHS's mission is to "provide quality behavioral health services close to home that enables our residents to share in all that life has to offer." Using an advanced two-way videoconferencing system over a secure and designated internet connection, we are able to offer individuals in Dickenson County access to quality psychiatric care.

**“ Good Neighbor's Telepsychiatry program has offered our patient's access to a higher level of care locally that they may otherwise have had to travel hours away to receive. There is no psychiatrist in the county where we reside. Dr. Choudhary provides specialized psychiatric care for individuals that often need more intense treatment than a family physician can or who is willing to provide. All of our patients that have participated in these services have felt very comfortable as though they were sitting in the same room with a doctor. We feel very fortunate to be able to provide this service to the people we serve. ”**

**- Kelli Viers, RN**  
**DCBHS Clinical Aftercare Coordinator**